

Welcome to SRUC residences. This handbook is an information guide for students living Elmwood, Oatridge and Barony residences. We are here to help, whenever you need it. Please talk to residential staff whenever you need some help.

We welcome your feedback on your residential experience at <u>residentfeedback@sruc.ac.uk</u>

Your 24/7 Residential team

Elmwood: Anne Mackersie (weekend daytimes) Anne-Marie Robb (evenings); Angela Wallace (evenings), Colin Smith (nights), Lee Shaw (weekdays daytime), Mike King (nights), Patricia Ferns (evenings).

### Mob. 07768 762939

Oatridge: Adrian Henry (early evenings Mon-Thurs), Barbara McGrane, Manager (Mon-Fri daytimes), Gill Gosman (late evenings Mon-Thurs, alternate weekends), Jim Mackie (nights Sun-Weds), Robyn Motherwell (alternate weekends).

At Oatridge, from 4pm on Fridays and Saturdays and through the night, and 8pm-10pm Sundays, there is an emergency on-call service only (mob. no. below), managed by Gill and Lyn who live on campus. Weekend office hours are 9am-12pm, 1pm-4pm Saturday, and 2pm-8pm Sunday.

### Mob. 07887 660552

Barony: Douglas Goldie, Joe Farnham, Paul Fotheringham, Pearl Edgar (Manager). Evenings from 5.00pm – 8.30am (Monday – Friday) and weekends on a rota.

Mob. 07990 553512

Tom Mulhearn, Residential Operations Manager

## Your wellbeing

Every campus has Campus Safeguarding Officers available during office hours (usually Faculty staff) who are here to help you with any concern you may wish to report or discuss confidentially concerning your safety and welfare or another student's. This can be a physical or mental health concern, physical, emotional or sexual harassment or abuse, or anxiety about your health, your studies, or coping with residential life. Residential staff are available to talk to during the evenings and overnight, and they will with your permission pass on any information you give them if it is something you need extra help for via our safeguarding procedure.

### Support services

Spectrum Life: SRUC is soon introducing a new 24/7 Student Support line, Spectrum Life. This is a free, confidential service to provide you with emotional and practical support for concerns big or small. Look out for posters and on Moodle for further information and contact details.

Breathing Space – a free and confidential service available to everyone.

Freephone: 0800 83 85 87

For further information about support services available contact your Pastoral Support Tutor in the Faculty Office.

And please, talk to a member of Faculty support a t Tut8024 380Tut8024 380Tut8024 380Tut

Elmwood

Lochthorn Medical Centre, Edinburgh Road, Heathhall, Dumfries, DG1 1TR Telephone: 01387 259944 Moffat Surgery, High Street, Moffact, DG10 9JP Telephone: 01683 220062 Dental Practice Blue Door Dental Practice, 22 Castle Street, Dumfries, DG1 1DR (Local Health Centres are located in Dumfries and Moffat)

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## Alcohol & Drugs

Alcohol is not permitted in the residences with the exception of the over 18s flats at Oatridge. Underage drinking is not permitted. Supplying alcohol to any student under 18 is a disciplinary offence. Alcohol found where it is not permitted, will be destroyed with no reimbursement of the cost.

Consumption or possession of any illegal substance on campus is a disciplinary and criminal offence. We have students under 18 living in our residences and the apparent tolerance of some drugs in wider society does not apply at the College. Please do not consume, supply, or bring onto the premises, any illegal drugs or psychoactive substances (''legal highs'').

SRUC has an alcohol and drug policy to support students that may need help, so please speak to a member of staff if you are concerned about your own or another student's alcohol or drug use.

Please report any suspicious activity which you suspect may be connected to the use or supply of drugs, and if you become aware of dealing on campus, or of strangers coming onto the campus to supply drugs, please report this. Do not allow yourself to get involved in this type of activity and be on your guard against pressure and exploitation from others.

Regulations for students under 18

When hearing the fire alarm you should:

Evacuate the building immediately via the nearest safe exit and proceed to your designated fire assembly point and remain there Do not re-enter the building or leave the assembly point until duty staff have given the all-clear

If there is a fire and the alarm is not yet sounding, sound the alarm at the nearest break-glass point and inform duty staff.

Fire alarm tests

Fire alarm bells are tested once a week. Please see notices for the time of the test in your

removed from the heat source. It is also important that the toaster/grill is cleaned regularly to stop deposits collecting in or near heating elements.

Steam: if doors are not closed properly steam from showers can escape and activate alarms. Don't shower for too long!

Aerosols: too much deodorant or hairspray can activate detectors. Use aerosols well away from detector heads.

Hair straighteners: take great care not to leave hair straighteners on or unattended. Check before you leave the room.

Chargers: these can overheat if left on or left on bedding, and should also be PAT tested. Do not go out and leave a charger plugged in.

#### Barbecues

Barbecues are only permitted when agreed in advance with your Residential Manager and in a designated location.

Noise & anti-social behaviour

Please be considerate to other students. Unreasonable noise at any time is not permitted, and certainly you should be quiet after midnight. If staff ask you to keep the noise down, please be polite and co-operate, for the benefit of the residential community. Anyone causing a noise or safety hazard with a vehicle will have parking privileges suspended.

# Residential Code of Conduct

Students in SRUC accommodation are required to observe the Residential Code of Conduct. Disciplinary action can be taken for infringements of the Code and this can include eviction from the residences. The Residential Team are here to ensure that the residences are a safe and comfortable place for all residents. Please comply with the Code and co-operate with any reasonable request from residential staff.

A fire and general safetyYou must follow all fire, health and safety and security procedures

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Keys, damages, maintenance

Do not give your room